

Week 2: Cultivating the Fruit of the Spirit in Daily Interactions

Speaker: Angie Sims

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23 (NIV)

Discussion: When you think of the fruit of the Spirit, which one feels the easiest for you to live out, and which is the hardest? Why?

Cluster 1: Attitude Toward Others (Love, Joy, Peace)

- Love = selfless love for Jesus and for others.
- Joy = rooted in God's presence, not changing circumstances.
- Peace = calm trust in God that influences our reactions and perceptions regardless of what we see

Discussion: Can you share a time when choosing love, joy, or peace changed the outcome of an interaction?

Cluster 2: Actions Toward Others (Patience, Kindness, Goodness)

- Patience shows up most when people & circumstances test our limits.
- Kindness is love in action through words and deeds.
- Goodness means integrity and choosing what honors God.

Discussion: Think about your week. Was there a moment when you were tempted to be impatient, unkind, or indifferent? What would "walking in the Spirit" have looked like in that moment?

Cluster 3: Integrity Before Others (Faithfulness, Gentleness, Self-Control)

- Faithfulness = being dependable and trustworthy
- Gentleness = strength under control, responding with humility
- Self-control = Spirit-led restraint in words, actions, and emotions

Discussion:

1. Why do you think self-control is listed last? How does it "protect" the other fruits?
2. What role does gentleness play in a culture that often rewards being aggressive or loud?

Personal Application

- If someone followed you around for a day, which fruit would they most notice and which would they struggle to see?
- What small habit could you start this week that would allow the Spirit to grow one of these fruits in your interactions?

Something To Take With You

- Notice one opportunity each day this week to practice one fruit intentionally in a real interaction.
- Pray for God to bring this to your attention and be mindful of the moment.

For further study on this topic, check out Pastor James Greever's 4-week Bible Study on the Fruit of the Spirit (Sep 2023) The full series is available on the CLC website (click on "Audio Downloads").

Pathway to Spiritual Foundations | Fall Session: "Walking in the Spirit"

Week 2: Cultivating the Fruit of the Spirit in Daily Interactions
Speaker: Angie Sims

Pathway to Spiritual Foundations | Fall Session: "Walking in the Spirit"

Week 2: Cultivating the Fruit of the Spirit in Daily Interactions
Speaker: Angie Sims

[illegible]