Pathway to Biblical Understanding | “Reading the Bible With Purpose”

Week 3: Developing a Consistent Habit of Reading Scripture
Speaker: Sarah Collins

The Power of God’s Word

- God’s Word is living and active. It teaches, corrects, and strengthens us as believers.
- Sometimes we look for direction from others when God has already spoken through Scripture.
- Developing a daily habit of reading the Bible allows God to guide our lives personally.

Be Intentional with Your Time

- Consistency requires deliberate effort and planning.
- Practical ways to build a habit:
  - Set aside a regular time each day (morning, evening, or during quiet moments)
  - Start small — even 10 minutes daily can make a difference
  - Limit distractions such as social media or television
  - Use short moments throughout the day to meditate on Scripture
- Joshua 1:8 reminds us to meditate on God’s Word continually.

Create a Consistent Space

- Having a quiet, dedicated place can help you focus and develop routine.
- Over time, this place can become a meaningful part of your spiritual growth.

Use Helpful Tools and Simple Practices

- Personal Bible study can be strengthened through:
  - Comparing Bible translations
  - Using concordances, study notes, or Bible apps
  - Writing down verses, prayers, and observations
  - Listening to worship music to prepare your heart
- If a passage is difficult, take time to reread it, look up unfamiliar words, or compare related verses.
- 1 Peter 2:2 reminds us that spiritual growth comes from regularly receiving God’s Word.

Stay Consistent and Let God Speak

- Spiritual growth happens through steady, faithful engagement with Scripture.
- Carry a verse with you throughout the day
- Reflect on how God’s Word applies to your life
- Avoid becoming so busy with responsibilities that you neglect time with God
- Psalm 1:1–3 describes the blessing and fruitfulness that come from delighting in God’s Word.

Discussion Questions

- What distractions keep you from reading the Bible consistently?
- Where in your day could you realistically add 10 minutes with God?
- Have you ever read a verse that felt like it was written exactly for you?
- What might God want to say to you this week through His Word?

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